

## **Crust Ingredients:**

- 1 medium onion, minced fine
- 1 Tbsp. olive oil
- 3 cloves fresh garlic, minced fine
- 2 cups diced canned tomatoes
- 2 Tbsp. fresh lemon juice
- 1 cup vegetable broth
- 1 tsp. sugar
- 1 tsp. dried basil
- $\frac{1}{2}$  tsp. dried oregano
- 1 tsp. dried parsley
- 1/2 tsp. onion powder
- 1/2 tsp. garlic powder
- 1 Tbsp. McKay's Chicken-style Seasoning
- Salt to taste

- 5 cups fresh spinach, chopped
- 1 cup sliced black or green olives
- 1 cup grape tomatoes, sliced in half
- 1/2 lb. uncooked fettuccine

## Directions:

- Step 1. Bring a large pot of salted water to boil and cook pasta according to package directions. Drain and set aside.
- Step 2. While pasta is cooking, saute onion and garlic in olive oil in a large skillet over medium heat until onion is clear. Add all remaining ingredients except for spinach, tomatoes, olives, and pasta. Simmer for 15-20 minutes. Add fresh chopped spinach and cook for an additional 5 minutes.
- Step 3. Add grape tomatoes and black olives. Serve hot over pasta.

## Yields: 16 (1/2 cup servings)

You can substitute frozen spinach for the fresh but I think fresh is the best. Also if you like things a bit spicy, try adding  $\frac{1}{4}$  tsp. cayenne pepper or  $\frac{1}{2}$  tsp. crushed red pepper.