

Hawaiian Sweet Potato Salad (vegan)

Ingredients:

3 cups sweet potatoes, peeled and cubed

1 teaspoon salt

1/4 teaspoon cinnamon

1 cup mandarin oranges

1 medium apple, peeled and chopped

½ cup pecan halves, toasted in skillet

1/4 cup dried cranberries



Dressing

2 tablespoons orange juice

1 tablespoon agave nectar

½ cup Grapeseed Vegenaise

1/8 teaspoon salt

1/4 teaspoon ginger

½ teaspoon cinnamon

For Dressing: Combine all ingredients in a small bowl. Mix well.

Directions:

Place cubed sweet potatoes in a large saucepan. Cover with water and add salt. Bring to a boil over medium-high heat, then turn down and simmer for 15 minutes or until tender. Drain. Place in a medium-sized bowl.

Add remaining ingredients, including prepared dressing to a medium-sized bowl and mix well. (optional: Serve over lettuce)

Yields: 5 cups